# PRODUCT SPECIFICATIONS

***Core Rollers***

**Code: ADAC-11604**

**MRP : 4199.00**

Designed to engage the core muscles and strengthen the upper body. The rolling motion of the equipment triggers hard to target muscles through a variety of exercises such as oblique and pike roll-outs. Individual rollers can be used to train the core, arms, chest, shoulders,hips.




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| Dim.(LxWxH)： | 21 x 14.5 x 14.5cms |
| Made in： | Taiwan |
| Max. Load： | 200 Kgs. |
| Max.User Weight： | 120 Kgs. |
| Net Weight： | 0.83 Kg |