

# PRODUCT SPECIFICATIONS

Mini Bands

Code: ADTB-10606

MRP : 1399.00

The Mini Bands enable you to add resistance to your workout without the need for additional weights. The bands are ideal for toning, stretching or rehabilitation exercises.



Colour :	Black   White   1795C Red
Dim.(LxWxH) :	60 x 5 x 0.4cms
Material :	Latex
Net Weight :	0.07 Kg
Other Features :	60cm(loop circumference)x5cm (width)x0.4/0.8/1.2mm(thickness)
Size :	3 resistance levels included - light/medium/heavy