

# PRODUCT SPECIFICATIONS

ADBE 10437 Essential Flat Bench

Code: ADBE-10347

MRP : 9400.00

Fly exercises, bench and chest presses and single arm rows are all classic free-weight moves that this bench is perfect for. Non-marking feet. Sturdy frame design and easy assembly.

**COSCO**  
SPORTS | FITNESS



Dim.(LxWxH) : 107 x 46 x 48cms

Max.User Weight : 100 Kgs.

Net Weight : 8.5 Kgs.