PRODUCT SPECIFICATIONS

ADTB 11610 Cork Massage Ball

Code: ADTB 11610

MRP : 999.00

Adidas Cork Massage Ball reduces the usage of virgin materials and helps to end plastic waste. Ideal for use across the entire body, Massage Balls are an effective tool to alleviate aches and pains with targeted pressure both pre- and post-workout. Helping to promote faster recovery whilst reducing muscle soreness, the Massage Ball assists in eliminating tensions and tightness in muscles, tendons, ligaments, and fascia tissue, allowing you to get the most from every workout or recovery session. 100% sustainable and biodegradable cork material.8 cm (3.1”) diameter – ideal for all key muscle groups.Helps to alleviate aches and pains with targeted pressure.Ideal for rolling both pre- and post-workout. Promotes faster recovery and reduces muscle soreness.Assists in eliminating tensions and tightness in muscles, tendons, ligaments, and fascia.Effectively warm up your muscles for better training performance.Fit for both home and gym usage.

COSCO SPORTS | FITNESS

Material：	Cork (100%)
Net Weight：	104gms
Other Features：	100% recyclable and plastic-free packaging
Size：	80 x 80 x 80mm