# PRODUCT SPECIFICATIONS

***ADTB 10710-NL Resistance Band Set***

**Code: ADTB 10710-NL**

**MRP : 2999.00**

adidas Resistance Bands are an essential accessory for lower body workouts; bringing steady and stabilising resistance to your training for greater strength and muscular endurance. The bands can also be used for rehabilitation exercises, helping to isolate muscles and improve recovery. Made from an elasticated polyester weave, the Resistance Bands combine durability with comfort. The lightweight, compact design makes the bands an ideal training partner on the move or within a confined space. Complete with carry bag, the light, medium and heavy resistance bands are built to boost your training regime, enhancing weight training or bodyweight sessions. 3 resistance bands included – light, medium and heavy An essential training accessory for lower body workouts Brings greater resistance for strength and muscular endurance.Carry bag included.Colours include grey, stone and black.Enhances both weighted and bodyweight sessions.Suitable for rehabilitation exercises to help improve recovery.Packed in 100% recyclable and plastic-free packaging.

COSCO SPORTS | FITNESS

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| Colour： | FW17-AA2R-Grey One-COOL GREY1C, 001A-WHITE C |
| Dim.(LxWxH)： | 350 x 228 x 6mm |
| Material： | Polyester (56%), Latex (25%), Elastodiene (9%), Silicone (7%), Polyformaldehyde (3%) |
| Net Weight： | 210gms. |
| Other Features： | 7.5 cm / 3” wide elasticated polyester weave for flexibility and durability. |