

# PRODUCT SPECIFICATIONS

Performance Flat Bench

Code: ADBE-10222

MRP : 18199.00

Ideal for an array of weighted and unweighted exercises, the Flat Bench has a max load of 205 kg; allowing you to ramp up your workouts for consistent progression. Featuring 'SCAN TO TRAIN', the Performance Flat Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

**COSCO**  
SPORTS | FITNESS



Dim.(LxWxH) :	1190 x 485 x 420mm
Max. Load :	205 Kgs.
Max.User Weight :	125 Kgs.
Net Weight :	13 Kgs.
Other Features :	SCAN TO TRAIN function
Seat Thickness :	2.5" thick dense foam padding
Warranty :	2-years manufacturer's warranty