PRODUCT SPECIFICATIONS

Performance AB Bench

Code: ADBE-10220

MRP : 16999.00

Designed to enhance core workouts, the Adjustable Ab Bench extends your range of motion for greater abdominal stress. Upping the intensity of your basic core movements, the bench's foam-padded anchors lock in your legs; providing the necessary leverage for decline exercises. Constructed with a sturdy steel frame, the bench lays a comfortable foundation with a dense foam back pad for total performance. Featuring 'SCAN TO TRAIN', the Ab Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.



Dim.(LxWxH)：	1130 x 460 x 460mm
Max. Load：	175 Kgs.
Max.User Weight：	125 Kgs.
Net Weight：	11.5 Kgs.
Other Features：	SCAN TO TRAIN function
Seat Thickness：	2.5" thick dense foam padding
Warranty：	2-years manufacturer's warranty