

# PRODUCT SPECIFICATIONS

*Essential Flat Bench*

Code: ADBE-10347

MRP : 8999.00

Fly exercises, bench and chest presses and single arm rows are all classic free-weight moves that this bench is perfect for. Non-marking feet. Sturdy frame design and easy assembly.

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



Dim.(LxWxH) :	107 x 46 x 48cms
Max. Load :	180 Kgs.
Max.User Weight :	100 Kgs.
Net Weight :	8.5 Kgs.