

PRODUCT SPECIFICATIONS

ADAC 11400 Professional Grip Trainers

Code: ADAC-11400

MRP : 1399.00

Grip exercises can lead to increased forearm muscularity, hand strength, endurance and dexterity, which in turn leads to better weight training performance.

COSCO
SPORTS | FITNESS



Colour :	Black
Dim.(LxWxH) :	13.5 x 8.6 x 2.7cm
Material :	Iron PP TPR
Net Weight :	0.265 Kg
Other Features :	Angled springs