PRODUCT SPECIFICATIONS

ADAC-12231-NL Push Up Bars

Code: ADAC-12231-NL

MRP : 1899.00

Designed to enhance each rep, the adidas Push Up Bars allow you to deepen your range of motion for more targeted training. Adding 11.5 cm in height to your push-ups, the Bars place greater stress on both your chest, arm and shoulder muscles, helping to boost the effectiveness and challenge of each rep. Complete with durable foam handles, the Push Up Bars create a neutral grip position, helping to ease wrist discomfort when compared to a normal ground push up. Made from durable and powder-coated metal, the Bars' stable design also features a grippy foam base, creating a solid foundation for your upper body workouts.



Colour：	Black, adidas Constant - 001A - White (WHITE C)
Dim.(LxWxH)：	194x145x109mm
Material：	Iron (82%) NBR (17%) PP (1%)
Net Weight：	1.075 Kgs
Other Features：	Packed in 100% recyclable and plastic-free packaging