PRODUCT SPECIFICATIONS

ADAC 11400 Professional Grip Trainers

Code: ADAC-11400

MRP : 1399.00

Grip exercises can lead to increased forearm muscularity, hand strength, endurance and dexterity, which in turn leads to better weight training performance.



Colour：	Black
Dim.(LxWxH)：	13.5 x 8.6 x 2.7cm
Material：	Iron | PP | TPR
Net Weight：	0.265 Kg
Other Features：	Angled springs