PRODUCT SPECIFICATIONS

Performance Training Bench

Code: ADBE-10228

MRP : 29999.00

Performance Training Bench accommodates compound and isolated movements. Ideal for both upper and lower body training, the plate loaded leg developer works the quads and hamstrings with its curl and extension functionality. Made from solid steel with thick foam padding, the bench combines comfort with stability for top performance. Featuring ‘SCAN TO TRAIN’, the Performance Training Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

Bench Weight :	26 Kgs.
Dim.(LxWxH) :	1810 x 605 x 1200mm
Max. Load :	215 Kgs.
Max.User Weight :	135 Kgs.
Other Features :	SCAN TO TRAIN function
Seat Thickness :	2.5" thick dense foam padding
Warranty :	2-years manufacturer's warranty