PRODUCT SPECIFICATIONS

Push Up Bars

Code: ADAC-12231

MRP : 1899.00

Push-ups are a great exercise to build upper body and core strength. The apparatus enables you to exercise free of pain and lets you lower yourself closer to the floor which increases the muscle work output required.



Colour：	Black
Dim.(LxWxH)：	19.5 x 15 x 11.5cms
Material：	Iron | HDR | PP
Net Weight：	0.75 Kg
Other Features：	Lightweight, non-slip design