# PRODUCT SPECIFICATIONS

***ADBE 10220 Performance AB Bench***

**Code: ADBE-10220**

**MRP : 17700.00**

Designed to enhance core workouts, the Adjustable Ab Bench extends your range of motion for greater abdominal stress. Upping the intensity of your basic core movements, the bench's foam-padded anchors lock in your legs; providing the necessary leverage for decline exercises. Constructed with a sturdy steel frame, the bench lays a comfortable foundation with a dense foam back pad for total performance. Featuring 'SCAN TO TRAIN', the Ab Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.




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| Dim.(LxWxH)： | 1130 x 460 x 460mm |
| Max.User Weight： | 125 Kgs. |
| Net Weight： | 11.5 Kgs. |
| Other Features： | SCAN TO TRAIN function |
| Warranty： | 2-years manufacturer's warranty |