

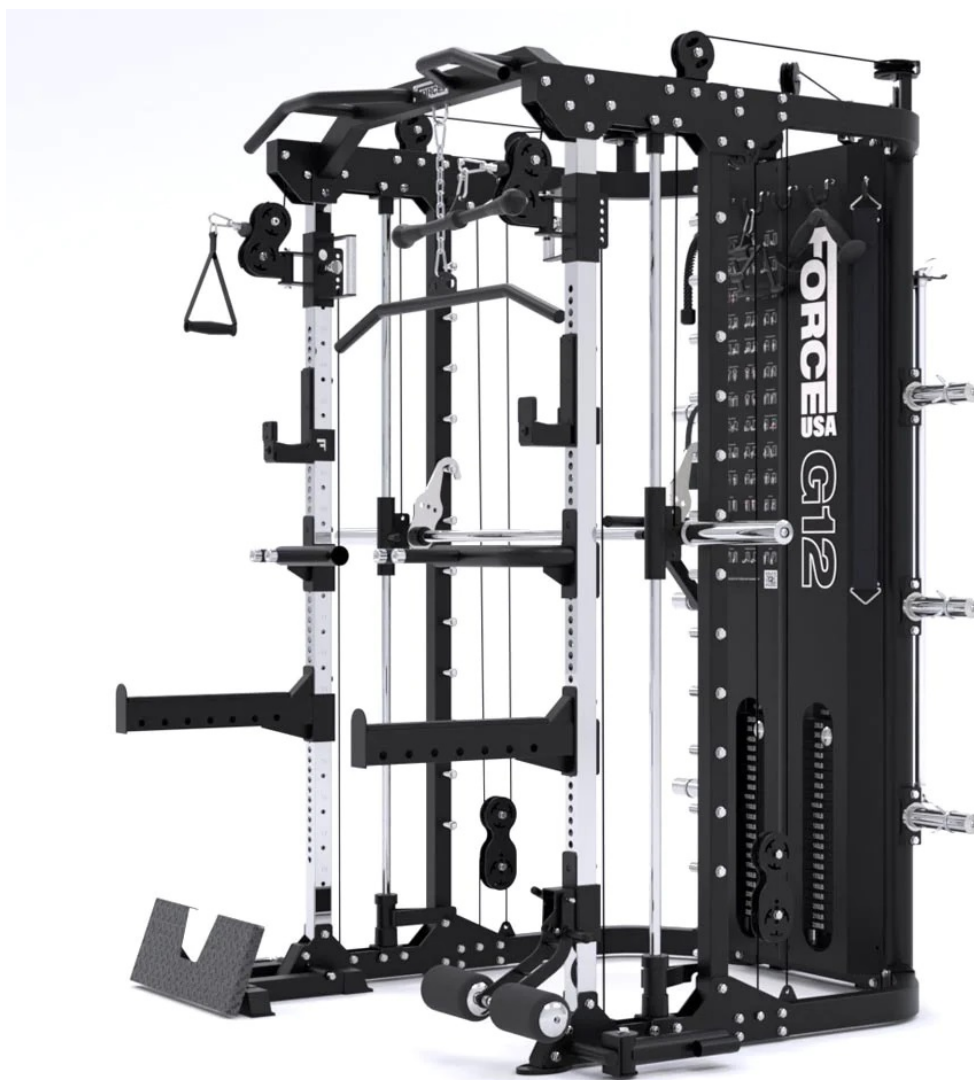
# PRODUCT SPECIFICATIONS

F-G12 ALL IN ONE TRAINER

Code: 49201

MRP : 583000.00

**COSCO**<sup>®</sup>  
SPORTS | FITNESS



The Force USA® G12™ is the global best-seller and original All-In-One Trainer—newly updated for 2024! Combines a Power Rack, Functional Trainer, Smith Machine, Dip Station, Chin-up Station, Core Trainer, Suspension Trainer Hook, Leg Press, and Low Row in the footprint of a single power rack.

Updated for 2024, Stack + Plate Loaded Weights, Up to 11-In-1 Strength Training System, 2x220lb Weight Stacks, 1:1 Pulley Ratio  
Compatible with the new Force USA Training App, 20 Attachments included, Counterbalanced Smith Machine, 6x Weight Plate Holders,  
Recommended for Home Use.