



ADIDAS HIIT DECK

GET READY FOR SPORT

The adidas HIIT Deck combines an aerobic fitness step and weight bench into a compact, unique, configurable workout platform.



OVERVIEW

-  > INCLINE, DECLINE AND FLAT BENCH OPTIONS
-  > MORE THAN 20 SETUP CONFIGURATIONS
-  > QUICK AND EASY HEIGHT ADJUSTMENT
-  > INTERNAL STORAGE COMPARTMENT
-  > NO ASSEMBLY REQUIRED
-  > SCAN TO TRAIN FEATURE
-  > SLIP-RESISTANT FEET
-  > HIGH-GRIP WORKOUT SURFACE
-  > INTEGRATED RESISTANCE TUBE ATTACHMENT POINTS
-  > ULTRA-DURABLE DESIGN - MAX. USER WEIGHT: 150 KG
-  > ADIDAS RESISTANCE TUBE AND SKIPPING ROPE INCLUDED
-  > COMPACT AND LIGHTWEIGHT
WEIGHT: 12.4 KG
DIMENSIONS: (L) 121.5 X (W) 33.7 X (H) 35 CM



CONFIGURATIONS

> MORE THAN 20 SETUP COMBINATIONS

> QUICK AND EASY HEIGHT ADJUSTMENT:
20 CM AND 35 CM

> QUICKLY SWITCH BETWEEN INCLINE, DECLINE AND
FLAT BENCH SETTINGS TO BOOST EFFECTIVENESS
OF YOUR WORKOUT



GET READY FOR SPORT

SURFACE TEXTURE



> HIGH-GRIP WORKOUT SURFACE



> PROVIDES TRACTION TO STEP, JUMP, PRESS AND LUNGE



> COMFORT AND STABILITY FOR BENCH PRESSING AND WEIGHTED EXERCISES



GET READY FOR SPORT



SCAN TO TRAIN

Scan to Train feature – scan the QR code with your device to access online exercise content.

The Scan to Train QR code is located in the internal storage compartment, which gives you access to exclusive online workout content.

